

POTTY TRAINING

READINESS SIGNS

- Seems interested in the potty chair or toilet.**
- Can sit on and rise from a potty chair.**
- Imitates his parents around the house.**
- Can put things back in their place.**
- Has dry diapers for up to two hours.**
- Must be able to go to bed without the bottle.**
- Has regular, soft, formed bowel movements.**
- Able to communicate his or her wants.**
- Uncomfortable with wet or soiled diapers.**

Most children will not display all the readiness signs, but if at least 5 readiness are noticed it's safe to assume that your child is ready to start potty training.